

West Kazakhstan Marat Ospanov Medical University



III International Scientific and Practical
Conference
“Residency in Family Medicine: achievements,
problems and prospects”

PROGRAM

Aktobe, Kazakhstan, May 18-19, 2023

Dear participants of the conference!

Modern realities of society require high-quality training of a primary care physician. The events of recent years have shown us the importance of the role of a general practitioner. The healthcare systems of all countries unanimously give priority to the development of primary health care. Residency in the Family Medicine specialty in Kazakhstan is experiencing the initial stages of formation. There are many unresolved issues. But at the same time, there is already accumulated joint experience with colleagues.

We hope that our contribution will have positive results in the future.

Participants of the project
of the Ministry of Education and Science of the Republic of Kazakhstan
“Capacity building of technologies of medical education and
scientific research in family medicine of Kazakhstan”



The conference is held in a mixed offline–online format.

Venue: West Kazakhstan Marat Ospanov Medical University, Rectorate Hall, 3rd floor.

REGISTRATION:

<https://docs.google.com/forms/d/13dtq05pLZuV2UuLuOqn6SfYNMkeBFqK6lYdiZbYqpT8/edit?pli=1>

May 18, 2023

Link for online participation on the ZOOM platform:

<https://us02web.zoom.us/j/86090787590?pwd=ekxrN1VITFlIOVlQbG1wVXI3ZDVlQT09>

COMPETITION OF SCIENTIFIC PROJECTS OF STUDENTS, INTERNS AND RESIDENTS

Moderators:

Tamadon A., Persia Vista Research Company, Shiraz, Iran

Abenova N.A. , West Kazakhstan Marat Ospanov Medical University, Aktobe, Kazakhstan

Zhylkybekova A., West Kazakhstan Marat Ospanov Medical University, Aktobe, Kazakhstan

Konysbayev A., West Kazakhstan Marat Ospanov Medical University, Aktobe, Kazakhstan

Beginning 08.00 – 08.05: Opening remarks by moderators

Time	Report
08.05 – 08.20	Syrlybayeva N.E., Resident, Marat Ospanov WKMU, Aktobe, Kazakhstan Research supervisor: Mamyrbayeva M.A. "Long-term subfebrility in CMV infection in a child: a report on a clinical case"
08.20 - 08.35	Temirkhanov A.M., Intern, Astana Medical University, Astana, Kazakhstan Research supervisor: Zhamaliyeva L.M. "Age differences in depression: data from the PHQ-9 screening tool"
08.35 – 08.50	Mamurzhankyzy A., Resident, Marat Ospanov WKMU, Aktobe, Kazakhstan Research supervisors: Ostretsova T.P., Murzagaliyeva A.Zh. "Rational approaches to prescribing antibiotics: theory and practice"
08.50 - 09.05	Tenelbay F.S., Resident, Marat Ospanov WKMU, Aktobe, Kazakhstan Research supervisor: Ostretsova T.P. "Antibiotic therapy through the eyes of specialists and the population"
09.05 – 09.20	Tamaev Ya.M., Intern, Marat Ospanov WKMU, Aktobe, Kazakhstan Research supervisor: Begalina D.T. "Anxiety levels in patients with type 2 diabetes mellitus"
09.20 – 09.35	Aimagambetova Zh.M., Intern, Marat Ospanov WKMU, Aktobe, Kazakhstan Research supervisor: Akhmetzhanova M.B. "PHQ-9 as a screening tool for depression in people with type 2 diabetes"



09.35 – 09.50	Kairova N.A., Resident, Marat Ospanov SKMU, Aktobe, Kazakhstan Research supervisor: Sakiyeva K.Zh. "Prevalence of suicidal states among students"
09.50 – 10.05	Temirzakova D., Intern, Marat Ospanov WKMU, Aktobe, Kazakhstan Research supervisor: Zhamaliyeva L.M. "High stress levels in women in Kazakhstan: a pilot study"
10.05 – 10.20	Ivanova D.A., 5th year student, I.N. Ulyanov Chuvash State University, Cheboksary, Russia Research supervisors: Georgiyeva K.S., Pavlova S.I. "Methyldopa-induced hemolytic anemia"
10.20 – 10.35	E.K. Bakhman, 5th year student, I.N. Ulyanov Chuvash State University, Cheboksary, Russia Research supervisors: Georgiyeva K.S., Pavlova S.I. "The use of thymalin in a patient with immunodeficiency"
10.35 – 10.50	Shapenkova M.T., Intern, Marat Ospanov WKMU, Aktobe, Kazakhstan Research supervisor: Nazarbayeva M.K. "Parents' attitude to vaccination and reasons related to refusal of vaccinations"
10.50 – 11.05	Zeynoldin M.E., Resident, Nazarbayev University School of Medicine, Astana, Kazakhstan Research supervisor: Toleubekova L.Zh. "Cross-sectional study of indicators of quality of end-of-life care among cancer patients in a large primary health care center in Astana, Kazakhstan"
11.05 – 11.20	Zhaksylyk A.E., Intern, Marat Ospanov WKMU, Aktobe, Kazakhstan Research supervisors: Dilmagambetova G.S., Tuleuova A.M. "Is it easy to be a medical professional?"
11.30 – 12.00	Jury meeting, announcement of results

WORKSHOP:13.00 -14.00

Amin Tamadon, Persia Vista Research Company, Shiraz, Iran

"WRITING SCIENTIFIC ABSTRACT: CONFERENCE AND FULL ARTICLE"

The conference is held in offline format.

Venue: West Kazakhstan Marat Ospanov Medical University, Academic Building No 1, Room 101, Reading Hall.

FAMILY MEDICINE: DEVELOPMENT PROSPECTS

Moderators:

Musin N.M., West Kazakhstan Marat Ospanov Medical University, Aktobe, Kazakhstan

Nurgaliyeva R.E., West Kazakhstan Marat Ospanov Medical University, Aktobe, Kazakhstan

Zhamaliyeva L.M., West Kazakhstan Marat Ospanov Medical University, Aktobe, Kazakhstan

Beginning 14.00



Time	Report
14.00 -14.05	Welcome Speech Kaliev A.A., Chairman of the Board-Rector of the West Kazakhstan Marat Ospanov Medical University
14.05 - 14.20	Sydykova S.I., Educational and Methodological Association Republican Educational and Methodological Council of Higher and (or) Postgraduate Education under the Ministry of Education and Science of the Republic of Kazakhstan, Almaty, Kazakhstan "Prospects for the development of family medicine and residency in this area"
14.20 - 14.35	Alekenova N.U., West Kazakhstan Marat Ospanov Medical University, Aktobe, Kazakhstan "Trajectory of training of future doctors"
14.35 - 14.50	Baybatchayeva A.M., Aktobe Health Department, Aktobe, Kazakhstan "Development of primary health care in Aktobe region"
14.50 - 15.05	Zhamaliyeva L.M., West Kazakhstan Marat Ospanov Medical University, Aktobe, Kazakhstan "Development of critical thinking skills among residents of family medicine"
15.05 -15.20	Zhakiyeva G.R., West Kazakhstan Marat Ospanov Medical University, Aktobe, Kazakhstan "Field practice in the training of a general practitioner"
15.20 – 15.35	Moiseeva I.E., I.I. Mechnikov Northwestern State Medical University, St. Petersburg, Russia "Opinion of Medical University graduates on vaccination"

PALLIATIVE CARE SECTION

Moderator:

Ostretsova T.P., West Kazakhstan Marat Ospanov Medical University, Aktobe, Kazakhstan

Beginning 16.00 – 16.05: Opening remarks by moderator

Time	Report
16.05 – 16.20	Kunirova G.Zh., Kazakhstan Association of Palliative Care, Almaty, Kazakhstan "The increasing role of the medical organizations of Primary Health Care in providing effective palliative care is a requirement of time and an urgent need"
16.20 – 16.35	Kuzhagaliyeva S.K., Multidisciplinary Medical Center, Astana, Kazakhstan "Principles of organization of palliative care for oncological diseases"
16.35 -16.50	Shashkin Ch.S., Shashkin Clinic, Almaty, Kazakhstan "Chordotomy is an effective method of treatment of pharmaco-resistant oncological pain: the experience of Shashkin Clinic"



16.50 – 17.05	Turlaev A.V., E.A. Buketov Karaganda University, Karaganda, Kazakhstan "Legal basis for palliative care in the Republic of Kazakhstan"
17.05 – 17.20	Tukesheva D.G., Multidisciplinary Regional Hospital, Aktobe, Kazakhstan "The importance of continuity between the hospital and the medical organizations of Primary Health care in providing medical and social care to patients of non-oncological profile in need of palliative care"
17.20 – 17.35	Ostretsova T.P., West Kazakhstan Marat Ospanov Medical University, Aktobe, Kazakhstan "The importance of informed decision-making for effective palliative care"

May 19, 2023

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<https://us02web.zoom.us/j/86090787590?pwd=ekxrN1VITFlIOVlQbG1wVXI3ZDVlQT09>

MEDICINAL CONGRESS “A RATIONAL APPROACH TO TREATMENT IN THE PRACTICE OF A FAMILY DOCTOR”

Moderator:

Ostretsova T.P., West Kazakhstan Marat Ospanov Medical University, Aktobe, Kazakhstan

Beginning 09.00 – 09.05: Opening remarks by moderator

Time	Report
09.05 – 09.20	Kipshakbayev R.K., Caspian University, Almaty, Kazakhstan "Scientific publications, how to understand and evaluate"
09.20 – 09.35	Aldiyarova N.T., Professional Association of Clinical Pharmacologists and Pharmacists, Astana, Kazakhstan "Evaluation of clinical trial results"
09.35 – 10.05	Esbatyrova L.M., Dastan Sh.M., S. Kairbekov National Scientific Center for Healthcare Development, Astana, Kazakhstan "The role of evidence-based medicine in the drug policy of the Republic of Kazakhstan"
10.05 – 10.35	Musina A.Z., West Kazakhstan Marat Ospanov Medical University, Aktobe, Kazakhstan "Rules for assessing the rational use of medicines in the Republic of Kazakhstan"
10.35 – 10.50	Georgiyeva K.S., I.N. Ulyanov Chuvash State University, Cheboksary, Russia Burashnikova I.S., Kazan State Medical Academy, Kazan, Russia "Analysis of undesirable drug reactions in the use of antimicrobial drugs in the Republic of Tatarstan"



10.50 – 11.05	Burashnikova I.S., Semenikhin D.G., Kazan State Medical Academy, Kazan, Russia "Safety features of pharmacotherapy in narcological practice"
11.05 -11.20	Kaliyeva S.S., Samokhina N.A., Karaganda Medical University, Karaganda, Kazakhstan "Application of dietary supplements to food from the standpoint of evidence-based medicine"
11.20 -11.35	Zhienbayeva R.B., West Kazakhstan Marat Ospanov Medical University, Aktobe, Kazakhstan "Recommendations for remote patient counseling"

WORKSHOP 12.00 - 13.00

Nigmedzyanova A.Z., Republican Clinical Hospital of the Ministry of Health of the Republic of Tatarstan, Kazan, Russia

“ERRORS OF ANTIBACTERIAL THERAPY AND THEIR CONSEQUENCES”

The conference is held in online format.

Venue: West Kazakhstan Marat Ospanov Medical University, Main Building, Rectorate Hall, 3rd floor.

PSYCHOLOGICAL AND SOCIAL SUPPORT IN THE CONDITIONS OF PRIMARY MEDICAL AND SOCIAL CARE

Moderator:

Miraleyeva A.I., West Kazakhstan Marat Ospanov Medical University, Aktobe, Kazakhstan

Beginning 14.00 – 14.05: Opening remarks by moderator

Time	Report
14.05 – 14.20	Abishev Zh., Mindful Academy Solterreno, Spain "MBSR - stress reduction based on mindfulness"
14.20 – 14.35	Khusainova I.R., Al-Farabi Kazakh National University, Almaty, Kazakhstan "Psychological and social assistance in the PHC system. Modern vision. Tracking algorithms"
14.35 – 14.50	Zhumaliev G.S., West Kazakhstan Marat Ospanov Medical University, Aktobe, Kazakhstan “The role of social responsibility of the person in the system of social and psychological support to the population”
14.50 – 15.05	Miraleyeva A.I., West Kazakhstan Marat Ospanov Medical University, Aktobe, Kazakhstan "Self-improvement and development of strong personality of students: results of qualitative research"
15.05 – 15.20	Zhylybekova A.K., West Kazakhstan Marat Ospanov Medical University, Aktobe, Kazakhstan “Legal aspects of medical and social support for informal persons caring for the elderly in the Republic of Kazakhstan”



15.20 – 15.35	Sakhipova G.Zh., West Kazakhstan Marat Ospanov Medical University, Aktobe, Kazakhstan "Psychological and social assistance to pregnant women in primary social care"
15.35 – 15.50	Lukpanova A.N., Satayeva A.Sh., Sisenbina S., City polyclinic No. 2, Aktobe, Kazakhstan "Case Ainur"
16.05 – 16.20	Kuanshalina E.K., Khasenova K.S., Dilmagambetova G.S., West Kazakhstan Marat Ospanov Medical University, Family Medicine Clinic, Aktobe, Kazakhstan "Case Arsen"
16.20 - 16.35	Torebayeva D.O., West Kazakhstan Marat Ospanov Medical University, Aktobe, Kazakhstan "Assessment of the nutritional status of patients with type 2 diabetes mellitus"

CLOSING OF THE CONFERENCE:

17.00 – 17.30

Presentation of certificates, completion of the conference, adoption of a resolution







ORGANIZING COMMITTEE:

Mussin N.M.
Zhamaliyeva L.M.
Dilmagambetova G.S.
Ostretsova T.P.
Abenova N.A.
Koshmagambetova G.K.
Begalina D.T.
Yessengaliyeva I.Ye.
Kuzembayeva G.A.
Tautanova A.K.

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Aktobe, Kazakhstan, May 18-19, 2023